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Dear Parents and Friends of Monte,

At Monte we stand for sisterhood. We stand beside every single girl. We stand for every deserving young woman who wants an education, who needs an education and where an education will make all the difference.

A momentous piece of history was created at Monte yesterday. The whole College united to form a human blue ribbon to commemorate the inaugural Blue Ribbon Day in support of the Monte Bursary. I would like to share some excerpts from Sr Carmel McDonough’s and my address to our students and staff.

“Good morning everyone. From up here it is the most spectacular sight, seeing our Blue Ribbon come to life on the lawn. Just standing here I’m thinking about Catherine McCauley, pioneering the possible. She said – there is nothing more important than the education of young women. What does the United Nations tell us? Nothing is more important to humanity than the empowerment of women. So what is today about? Today is about you as a student community and us as a Monte community standing up. What are we standing up for? We are standing up to say that the education of young women is the most important thing. We are standing out through our Blue Ribbon Appeal. What unites us is that we are not only saying it’s important but we are all contributing.

I am so very proud of you all and I am excited about what this Blue Ribbon Appeal will do in the next hundred or two hundred years. This is about you making history. Congratulations.”

Sr Carmel McDonough RSM: “What a wonderful day this is. At the beginning of the year your senior leadership team launched together the Stand for Sisterhood campaign. This is standing for sisterhood. We can have words, we can use words but the Mercy thing is to put your words into action.

When somebody says, “What is that ribbon on your blazer?” You can say - “I’m standing in solidarity with women who deserve an education, for all women and for their empowerment.”

I can tell you that I am a bursary recipient for Monte. My parents received a bursary for me many years ago and without that bursary I wouldn’t have come to this beautiful school. So today it is your turn to pay it forward, to be part of this beautiful appeal.”

We have prepared a video that captures the excitement of our Blue Ribbon Day and invite you to view and share it here.

Next week we celebrate NAIDOC week with the theme Songlines. Songlines are the living narrative of our nation providing opportunities to connect people to Country and the Country to people. Highlights next week will include: Visiting artists from the Central Desert in residence; the Maruku Marketplace and Exhibition with extended opening hours this year, from Tuesday to Friday 12.30pm – 7.30pm; plus an exciting new initiative will be the late afternoon Dot Painting workshops open for all.

For more details about NAIDOC please see page eight of Monte Matters.

May God Bless you and your family and may our indigenous elders and guests travel safely to Monte.

Mrs Nicole Christensen  
Principal
This Week on Social Media

YouTube Monte Sant’ Angelo Mercy College

In 2016 the Jubilee Year of Mercy, we launched the inaugural Bursary Blue Ribbon Appeal. The Monte Bursary Blue Ribbon Appeal raises funds to provide a Mercy education for deserving young women.

This video captures the excitement of our Blue Ribbon Day when 1200 students and staff united to form a human Blue Ribbon to commemorate this historic event.

As our founder Catherine McAuley said, “No work of charity can be more productive or good to society than the careful instruction of women.”

Monte Blue Ribbon Bursary Rugby Lunch - Call for Prizes

Monte Blue Ribbon Bursary Rugby Lunch - 12 August

Thank you to all our parents and community for supporting the 2016 Monte Blue Ribbon Bursary Rugby Lunch this week. Tickets sold out in record time.

The Bursary Rugby Lunch is our major fundraising event for the Blue Ribbon Appeal that enables us to provide a Mercy education at Monte to deserving young women.

To assist us in fundraising, each year we rely on the generous support of our community to contribute prizes that can be used for our Silent Auction or Rugby Lunch Raffle.

It would be very much appreciated if any members of our community were able to donate an auction prize or donation equivalent. Examples of successful items in the past have included jewellery, wine, vouchers, entertainment experiences and travel. For more information or to donate please email us at the Development Office - development@monte.nsw.edu.au.
This Week on Social Media

FROM THE DEVELOPMENT & COMMUNITY RELATIONS TEAM
Deanne O’Shea - Director

@montecollege

This Week on Social Media

Monte Sant’Angelo Mercy
@montecollege
Monte Go Wild for Life for World Environment Day 2016 #wild4nature #WWF WorldEnvironmentDay

Monte Sant’Angelo Mercy
@montecollege
Capturing the moment McQuain announced 1st place - 2016 Monte Athletics Carnival

Monte Sant’Angelo Mercy
@montecollege
Click here to relive the highlights of Monte's 2016 Athletics Carnival. youtube.com/watch?v=Uv4-A4

Sisters of Mercy
@SistersofMercy
Girls are our future. Never let anything stand in the way of your dreams to be everything and anything that you want to be. #MercyWomen

Monte Sant’Angelo Mercy
@montecollege
The Monte Bursary Blue Ribbon Appeal in full swing this week

Monte Sant’Angelo Mercy
@montecollege
Students excited about supporting the Monte Bursary with their Blue Ribbon pins!

Monte Sant’Angelo Mercy
@montecollege
Yr 11 Biology learn about adaptations & evolution of native animals at the Australian Museum & Royal Botanic Garden

Monte Sant’Angelo Mercy
@montecollege
Australian author and poet Steven Herrick sharing insights with Year 12 English students

Monte Sant’Angelo Mercy
@montecollege
Watch this excitement as our Monte community forms a human blue ribbon to launch our first Bursary Blue Ribbon Day

Monte Sant’Angelo Mercy
@montecollege
Support Monte at this year's McAuley Ward Cup Wednesday 22 June 4.15pm at Loreto Kirribilli.

Monte Sant’Angelo Mercy
@montecollege
Year 7 students raising money for the School of St Jude in Tanzania today
English classes regularly engage in opportunities to explore creativity and drama, with Term 2 being particularly busy this year.

**Poetry**

Poets Lilly Blue, Candy Royale, Zainab Zyed and Jessica Santosa, from Red Room Poetry Company, led a poetry workshop for Year 8 students, in which they created poems around an object of value to them. These poems have been entered into the Red Room Poetry Object Competition, which many of our students (and staff) entered last year. Once again, the quality of the published work was exceptionally high. You can see the poems on the Red Room website by clicking here.

We were also privileged to have a visit from performance poets Sarah Kay and Phil Kaye, thanks to Mr Leaver and the Pastoral team, and it was amazing! Their energetic and intelligent poems delighted and challenged students and staff alike, and it was wonderful for students to see how poetry can jump off the page and use movement, voice and staging to present contemporary ideas.

Some Year 9 students have been writing poems about Monte's environment, inspired by the work of poet (and Monte teacher!) Catherine Doherty, who many students would meet in the library. Her poem “The Women's Stone” inspired our students to write these lovely poems about Bindaray.ga in the College grounds. This poetry and many others are currently on display on the “PoetTree” in the library!

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**-Bindarra.ga-**

The tall green trees stand straight,  
With the rustles of their leaves heard far.  
The whisper of wind across the land,  
With the ripples of water seen but not heard.  
An occasional chirp of a bird,  
Amongst the bustling city noises.  
The bang of a hammer,  
With a constant hum of a bulldozer.  
Where else to find such peace,  
In a city that never sleeps.

By Julia Shreeve, Year 9

**Bindaray.ga**

Trees, stones, trees, this is what I see  
Hidden there is more  
Ponds, fish, art, this is what they’ve hidden  
Whispers, croaking, whispers, this is what I hear  
Unspoken there is more  
Stories, music, wind, this is what’s unspoken

Water, cities, water, this is what I smell  
Odorless there is more  
Smoke, culture, tradition, this is what’s odorless

Ferns, bricks, ferns, this is what I touch  
This is Bindaray.ga

By Mia Fine, Year 9

**The Women’s Stone**

It sits now by the ponds  
wattle-sheltered  
weathered  
old as water.

The stone speaks of itself  
simple as feet on sand  
and as lovely.

Women sit here  
tell stories  
teach children  
take just enough  
to share.

Catherine Doherty, Monte Teacher
Palimpsests

Year 8 extension students have studied Marcus Zusak’s wonderfully creative and enthralling novel The Book Thief. One of the characters in the novel, Max, creates a palimpsest of Hitler’s manifesto Mein Kampf for Liesel, one of his rescuers. A palimpsest is a piece of writing that has been erased and then written over. What is written is a new story. Originally it was a parchment from which earlier writing had been removed to clear it for new writing. Mrs Harte’s Year 8 class was set the task of creating their own palimpsests, researching policies, laws, propaganda and other texts that they considered to be unjust or inequitable, for example the White Australia Policy, Women’s Right to Vote, Assimilation Policy and representations of women in the media and sport. Students then painted over these unjust writings and created a new, more equitable and just statement, composing their response to the injustice of the original composition. The girls were outraged by many of the issues that were investigated and creating these palimpsests allowed for a deep and authentic link to Mercy values, and a most creative way for their voices to be heard.

Ellipses

The first edition of our new literary journal “Ellipsis” has been launched. Pick up your free copy in the library, the front office or from the English department! And look out for a second bumper edition later this year....

Principal’s Writing Award

A reminder to all students that the Principal’s Writing Award closes next week. I encourage all budding writers to hone their stories and get them in to be in the running for prizes and the chance to be published in the Angelus, Gazette or the next edition of Ellipsis. Details are on MonteConnect.

Suzanne Mealing
Head of English
Special NAIDOC events at Monte next week include:

Visiting Artists from the Central Desert will be in residence during NAIDOC Week. These ladies include Auntie Judy Trigger who is a Traditional Owner of Uluru and a long standing supporter of our Central Desert program, as well as Freda Teamay, Selina Kulitja and Witaka Kulitja. Weather permitting the ladies will be working around a campfire on Holy Grass showing painting and walka board techniques. Students and staff will have the opportunity to sit and learn from the artists.

Maruku Marketplace will be in O’Regan ACC Tuesday to Friday 12.30pm to 7.30pm. Maruku is an Aboriginal owned Artists Co-Operative located in the Mutitjulu community near the foot of Uluru. Most significant is the role that Maruku has in the region for providing an opportunity for a livelihood, fostering self-respect and respect for culture for about 900 Anangu artists and craftspeople. When you purchase work from Maruku and the Maruku Marketplace, all of the proceeds go to the artists and the community. Maruku does not receive government funding, so the ongoing viability of the centre depends on the sale of work. There are works available for sale for all budgets, with larger works being sold with Certificates of Authenticity. Canvases make great gifts for overseas friends (especially if you are travelling over the holidays) and punu (small wooden animal carvings) have personalities that are hard to resist! Official Opening 5.00pm on Tuesday.

Chapel

Each year group in the week leading up to NAIDOC will share special prayers that focus on the theme of Songlines: the living narrative of our nation.

Maruku Marketplace Dot Painting Workshops

There will be also be dot painting workshops with Maruku artists on Wednesday and Thursday afternoon – bookings through https://www.trybooking.com/LVBU. $35 per person. Participants will get to complete and keep your own artwork.

Biamunga Elders in Residence

Uncle Max Harrison, Auntie Julie Smith, Auntie Teresa French, Auntie Rayma Johnson and Auntie Janette Blainey will also be in residence through the week.

Hospitality classes will be taught how to prepare Aboriginal cuisine by Jessica Sinnott of Koori Kinnections. These classes will be preparing canapés and delicious treats to be served on Thursday evening at Maruku Marketplace.

Sacred Water Ceremony to be lead by Auntie Teresa French with Year 8 Tutor groups at the Well. This program will be ongoing in Terms 3 and 4.

NAIDOC Assembly

Monte celebrates NAIDOC during term time although the official dates are first week of July in the holidays. Our Assembly will focus on the Songlines theme and be a celebration of Aboriginal culture.

Biamunga Mob will be doing chalk decorations around the school to explore the shared Biamunga and Mercy Story.

Parent Volunteers are still required to assist during the day with Maruku Marketplace. If you are available please contact Marshall Leaver on mleaver@monte.nsw.edu.au

Marshall Leaver
Biamunga & Community Outreach
In the Term 2 holidays (27 June to 6 July), 16 students and four Monte staff members are travelling to Timor-Leste on an immersion tour, facilitated by the Catholic Mission. During the ten days, we will be experiencing the day-to-day lives and culture of the Timorese community, particularly the students of Colegio Infante de Sagres in Maliana, near the Indonesian border.

In preparation for the immersion, we have been attending fortnightly meetings discussing ideas for fundraising and gathering other information about the immersion. We have also attended some intensive afternoon meetings with our Catholic Mission facilitator Patrick Fox, to learn about Timor’s history and current status, with a special appearance by Year 12 student Allysia Ellwood who is doing her IB Extended Essay on the history of Timor-Leste. During the Term 1 holidays, we attended a Tetun language course held by Ms Mealing and Ms Brown, who will be accompanying us on the trip. Tetun is the most common language spoken in Timor. In addition, we recently participated in a water proficiency and safety session to help us assist the Timorese students when we take them to the beach.

As a part of the immersion, we aim to improve the Colegio Maliana students’ cognitive and physical health through our ongoing fundraising program, Food for Thought. We have been busy organising various forms of fundraising such as a bake sale, raffle, sausage sizzle and other donations. So far we have raised over $10,000 for the Timorese community and specifically for the girls at Colegio Maliana, who we will visit during our immersion.

While at Colegio, we will have the opportunity to spend time with the students and lead activities such as craft and sports, including skipping, soccer and other running games, to informally develop the girl’s English language skills and improve our Tetun at the same time. As well as this, we have been preparing three songs to present at the Concert Night at the College. In addition to funds raised, we are also taking 50 Macbooks and six projectors, all second-hand and reformatted. These have been generously donated by the Monte in the hope to improve teacher formation and classroom and resource development at Colegio.

After the immersion, we will continue fundraising for the next Timor immersion in 2017. This will enable us to maintain our connection to and support of the Timorese community and benefit their economy and development.

We are very grateful for the opportunity to be part of this immersion. Whilst there, we hope to gain a greater intercultural perspective from the local community. We aim to continue our support of Colegio specifically through the education of young Timorese women. We feel sure that we will learn many valuable life lessons during this experience, and look forward to sharing our experiences with you when we return.

Rose Devine and Rosie Loneragan
Year 11
A Little More About MIRP

Dear Readers,

I must tell you the Mercy International Reflection Process draws on Leonard Buff’s Liberation Theology. It has four steps or stages, taking us into an ever-deepening spiral, its core belief being that “The cry of the Earth and The Cry of the Poor are the same reality.” (Pope Francis in “Laudato Si”)

In Stage 1, the group spends time thinking about and sharing the crises they are aware of in our world of today. The group must now agree on just one of these issues to carry forward to the next stage. The issue chosen is then sent to the Global MIRP Team who keeps everyone informed of developments. In the meantime, each group member delves further in preparation for Stage 2.

In Stage 2, a much more informed stance will be shared among the group members, who will further analyse their issue in terms such as “Who stands to gain?” and “Who stands to lose?” Then the group discusses root causes and must agree on the root cause of this injustice, so that the facilitator can forward it to headquarters, together with a photo of the group at work. By that time, the participants will be truly ready for refreshments and relaxation!

In Stage 3, the group explores ways our tradition, e.g. Scripture, Liturgy, Theology, Spirituality, has intersected our chosen issue, and discerns together how these things have either strengthened or diminished it. Perhaps our tradition has even helped to create it. In the end, the group will articulate a new vision, flowing from reflections so far. A sentence or two outlining the conclusion is again sent to the Global Team, who will summarize the findings of each group and send the results back to us all.

Finally, Stage 4 leads participants to imagine together implications for Action: a new Ministry or changes needed in our existing Ministry. The fruits of reflection are again sent to the Global Team, who will send back to the twelve Congregations and Institutions a compilation of responses from the 44 different countries.

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**Corporal Works of Mercy**

1. To feed the hungry
2. To give drink to the thirsty
3. To clothe the naked
4. To shelter the homeless
5. To visit the sick
6. To visit the imprisoned
7. To bury the dead

**Spiritual Works of Mercy**

1. To instruct the ignorant
2. To counsel the doubtful
3. To admonish sinners
4. To bear wrongs patiently
5. To forgive offences willingly
6. To comfort the afflicted
7. To pray for the living and the dead
SR LECIA’S THOUGHTS

Mercy International Reflection Process Stages

The Mercy International Reflection Process (MIRP) Global Team has professionally provided copious informative and inspirational resources, mainly as small videos that may be of help at each stage of the process. These are available to all Mercy Sisters and their Partners in Ministry, by accessing the website www.mercyworld.org and clicking on the MIRP Logo. Take a look.

The final result of these Reflections are most likely to bring about a new Global Mercy Ministry, in which the whole Mercy World will be involved, each part of it having been nourished and motivated by the cosmopolitan insights of the whole Mercy World.

Meanwhile, we each have our own contributions to make within our own spheres of influence. I wonder have we really tried to perform at least one of the Spiritual or Corporal Works of Mercy each day? Perhaps we hardly remember what they are. You will find all but one of them referred to in Matthew 25:31-46. There is a danger in being too familiar with a passage of Scripture. We tend to pass it by, thinking we already know all there is to know about it. We can counteract this prejudice by reading the passage with fresh eyes and ears each time. I can assure you, you will not fail to find something you have overlooked before, some new insight you now have for the first time.

By now, you may be thinking: “MERCY! I’ve had enough of it!” Well, don’t forget to use fresh eyes and ears, because we can never have enough of it. The whole world is in need of Mercy, which of course is God’s gift to us. Pope Francis has written an interesting book called “God’s Name is Mercy”. He must have been totally consumed by the thought of our universal need for Mercy, to have named this “The Great Jubilee Year of Mercy”.

Next week, this trilogy on “Mercy” will conclude. Until then best wishes to you all from,

Sr Lecia RSM
The Cost of Sport

I recently came across this reflection from a parent about the cost of sports.

One of my friends asked “Why do you pay so much money for your kids to do all their sports”? Well I have a confession to make; I don’t pay for my kids to do sports. Personally, I couldn’t care less about what sport they do. So, if I am not paying for sports what am I paying for?

- I pay for those moments when my kids become so tired they want to quit but don’t.
- I pay for those days when my kids come home from school and are “too tired” to go to their training but they go anyway.
- I pay for my kids to learn to be disciplined, focused and dedicated.
- I pay for my kids to learn to take care of their body and equipment.
- I pay for my kids to learn to work with others and to be good team mates, gracious in defeat and humble in success.
- I pay for my kids to learn to deal with disappointment, when they don’t get that placing or title they’d hoped for, but still they go back week after week giving it their best shot.
- I pay for my kids to learn to make and accomplish goals.
- I pay for my kids to respect, not only themselves, but other riders, officials and coaches.
- I pay for my kids to learn that it takes hours and hours, years and years of hard work and practice to create a champion and that success does not happen overnight.
- I pay for my kids to be proud of small achievements, and to work towards long term goals.
- I pay for the opportunity my kids have and will have to make lifelong friendships, create lifelong memories, to be as proud of their achievements as I am.
- I pay so that my kids can be out on the track instead of in front of a screen...

...I could go on but, to be short, I don’t pay for sports; I pay for the opportunities that sports provides my kids with to develop attributes that will serve them well throughout their lives and give them the opportunity to bless the lives of others. From what I have seen so far I think it is a great investment!

Anonymous

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IGSSA Basketball

It is the final week of play for IGSSA Basketball 2016. Late last year the principals of AHIGS schools decided to set Term 2 & 4 IGSSA sports as a seven round competition with no finals – the winner would be determined to be the top placed school after pool matches. This necessitated an increase in the number of teams in the pool from six to eight allowing for seven competition weekends.

Monte entered seven teams into the 2016 competition with our Monte 1 team playing in the Senior 1 division (S1). The top eight schools are selected to play in Senior 1 which is an open age competition including players up to Year 12. Our Monte team has 1 Year 12 player (Basketball Captain Bree Delaney) as well as several Year 9 & 10 players and one from Year 8. Monte 1 are undefeated going into the final round and a win against Ravenswood on Saturday will ensure that they are crowned S1 champions – a title that the College has held for over five years.

Monte 2 is primarily made up of Year 9 & 10 players and they were entered into the Senior 2 division and as a result end up playing against the ‘first’ team from seven other IGSSA schools. Monte 2 are also undefeated and will play Kincoppal Rose Bay this Saturday with a win also securing them first place this year.

Monte 4 is our Junior Representative team and it consists of players from Year 7 & 8 and as a result our Monte team often plays against Year 9 girls from competing schools. It is wonderful to report that Monte 4 is also undefeated going into their match on Saturday with a win capturing them the J1 title.

Monte 5 is a team of Year 8 girls who are currently tied for first place in Junior Division 3 (J3) with two other teams so results on Saturday will determine their overall finishing position.

Congratulations and good luck to all of the girls in their final matches this weekend.

Good Luck

• Monte 1 Basketball who are playing in the NSWCCC Championships on Monday and Tuesday next week at Penrith Basketball Stadium.

Congratulations

• Andrea Jarjoura who was recently selected in the U/16 NSW Water Polo team that will compete in the Pan Pacific games in New Zealand in the July school holidays.

#ITSOK2PLAY - even if sport makes you nervous.
NSW Tri-Series Volleyball

Last Friday, the NSW all schools tri-series Volleyball competition was held at Homebush. The competition brought together the open girls volleyball teams from Combined Catholic Colleges (CCC), Combined High Schools (CHS) and Combined Independent Schools (CIS).

Selina da Silva and I were both in the CCC team, along with ten other girls from a range of catholic schools around NSW. We had a good team and we were all keen to do the best we could. Our first game was against CIS and after a hesitant start we won in four sets. We were keen to repeat this win against CHS, but despite our best work, we went down in four sets, although it was very close. With one win and one loss, we had a great day of volleyball and we are both keen to play again next year.

Charlotte Lloyd
Year 11

Introducing the Aerobics Captain

Hi I’m Madeleine Urquhart and I am your Aerobics captain for 2015/2016. Since starting at Monte in Year 10 I have loved being a part of Cross Country. I started off joining the team as a way to settle in and get to know people and gradually found myself being an active team member with having great enthusiasm for the sport. Being in North Sydney we are lucky to be able to explore a number of different routes and run though exciting places like over the Harbour Bridge, down to Blues point, Kirribilli, through Luna Park, Waverton and Wendy’s Secret Garden. Competitively, girls have the opportunity to compete in IGSSA, CGSSA carnivals. I strongly encourage all girls who have any interest in running: socially, for personal fitness or competition to join.

Serena Dalton
Cross Country Captain

Introducing the Cross Country Captain

Hi, I’m Serena Dalton and I am the Cross Country Captain for 2015/2016. Since starting at Monte in Year 10 I have loved being a part of Cross Country. I started off joining the team as a way to settle in and get to know people and gradually found myself being an active team member with having great enthusiasm for the sport. Being in North Sydney we are lucky to be able to explore a number of different routes and run though exciting places like over the Harbour Bridge, down to Blues point, Kirribilli, through Luna Park, Waverton and Wendy’s Secret Garden. Competitively, girls have the opportunity to compete in IGSSA, CGSSA carnivals. I strongly encourage all girls who have any interest in running: socially, for personal fitness or competition to join.
PARENTS & FRIENDS
Hi everyone,

The P&F generates income in a couple of days. The first is from the social events that the P&F arranges over the course of the year. The second is from the raffle for a term’s free fees that parents can opt in for through the College.

Over the course of a year, the social events more or less break-even – with some events making a small profit and some a small loss. That profit or loss is simply a function of how many people attend an event multiplied by the ticket price, less event expenses. If more people attend than expected when the ticket price is set, a small profit arises. If fewer people come along, then a small loss is the result.

All this means that the raffle is the primary way that the P&F funds itself. Our overhead costs are very low – primarily because all of the parents are unpaid volunteers and because the College provides some services without additional charge such as the use of meeting rooms, event halls etc. The main cost is the audit which we are required by law to have done, plus of course the cost of the fees that the P&F pays on behalf of the raffle winner each term. The surplus from the raffle is the main way that the P&F funds the various requests for financial assistance that we receive from the College.

Revenue from the raffle has been falling, particularly since the new fee payment arrangements were introduced. To ensure that the P&F remains financially viable and able to continue its work in both community building amongst parents and supporting the College, please participate in the raffle each term. It is a better bet than any lottery and, more importantly, a worthy cause! If you do not currently participate in the raffle, please contact the College’s finance department to amend your fee payment arrangements to have the raffle included each term.

Please also note in your diaries that the next General Meeting will be held on 26 July, alongside Susan McLean’s presentation on Cyber safety, with the AGM on 6 September. We are looking for new members to join the P&F Executive at the AGM to replace those retiring members so please let me know if you are able to assist.

Have a good week.

Andrew Rutherford
P&F President
Voting for our Values - A Fair Deal for All

In his Encyclical Laudato Si, Pope Francis reminds us that the work of social transformation is not an optional extra for Christians. As we prepare for the Federal Election we call to mind the values, which we hope will guide us at this time – human dignity, human rights, the common good, ecological responsibility, a fair deal for all, and preference for those ‘made’ poor. We know that global warming, the unprecedented number of people seeking asylum around the world, inequality, and economic injustices are clear challenges of our time. In the Christian gospel, Jesus calls us to engage the society in which we live and to do what we can to transform it.

The Catholic Social Justice Welfare and Educational Agency has produced a document that will inform our voting process. I have included the ink to the Voting for our Values to read if you so wish.


Sr Carmel McDonough RSM
Director of Mission

From the College Shop

Lost Property - All un-named lost property will be cleared from the lost property bins at the end of the term and disposed of. If you have lost any items of uniform please make sure she checks the lost property bins.

Faulty Blazer Piping - Some blazers that were purchased over the past two years have a fault with the piping, our supplier is aware of the problem and will repair the blazers at no cost.

If you purchased your new blazer in the last two years and the piping is coming undone, please return your named blazer to the College Shop for repair on Thursday 23 June after the NAIDOC Assembly.

The blazers will be repaired during the holidays and returned for the start of Term 3.

Nikki Horbach
Monte College Shop

Music Notices

Auditions are now open for all singers Years 7-11 for our very first Broadway Showcase!! Please sign up on the Music noticeboard for Friday 17 June from 3.30pm. You need to prepare a song from either a Broadway Musical or Movie Musical. There will be six solo spots available. Please see Mr Young or Ms Walmsley if you have commitments on Friday afternoons and need to organise an alternate audition time.

From the Health Centre

We have a case of Hand Foot and Mouth Disease reported to the School. This is usually a harmless disease that presents with flu like symptoms and blisters on the hands and inside the mouth. It is contagious and spread through the respiratory system or fluid from the blisters. As always good hand hygiene is very important and cough etiquette is vital.


Winter and early spring are the peak times for Meningococcal. Please read the fact sheet from NSW for more information. Meningococcal disease is caused by a bacterial infection and can lead to serious illness. It is uncommon in NSW, and occurs more often in winter and spring. Infants, small children, adolescents and young adults are most at risk. Early treatment is vital.


Lauren Jacobs
College Nurse
Monter Sant’ Angelo Mercy College

IB Middle Years Programme Personal Project Exhibition

Year 10, 2016 warmly invites you to a celebration of their work
Official Opening by Mrs Nicole Christensen, Principal at 5:00pm

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<th>DATE / TIME</th>
<th>Thursday 28 July 2016 4:00pm - 6:30pm</th>
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| VENUE         | McQuoin Centre
Monte Sant’ Angelo Mercy College
128 Miller Street, North Sydney |
| RSVP          | Thursday 14 July 2016
Justine Losurdo @ jllosurdo@monte.nsw.edu.au for catering purposes |

Light refreshments will be served

Followed by the HSC Visual Arts exhibition of Year 12 Bodies of Work in Mercy Hall 6:30 - 8:30pm
Volunteer Help for Maruku Marketplace

This year Monte is hosting an extended Aboriginal Art Market of paintings, carvings and weavings from the Central Desert. We are opening from Tuesday 21st to Friday 24th June in the ACC. Hours are from 12.30 to 7.30 pm. This year there is also the opportunity to do a Dot Painting Workshop. See flyer in this issue of Monte Matters.

We need parents to help with daytime Maruku Marketplace Art sales. Are you available to do a 2 or 3 hour shift 12.30pm - 2.30pm/3.30pm on any day from 21–14 June? Maruku Staff will be there but its always handy to have people there to help with sales, talking to customers and wrapping items. If you are interested and available please contact Marshall Leaver on mleaver@monte.nsw.edu.au.
Parents & Friends
Cybersafety Information Session
TUESDAY 26 JULY 2016

Guest Speaker - Susan McLean

We welcome Susan who has an extensive background in law enforcement and Cyber Crime prevention. As a mother of three children, she is acutely aware of the issue of Cybersafety from a parental, school and legal perspective. She has worked almost exclusively with youths and the community for the past 17 years. She has also conducted significant research on the issue of Internet misuse and Cyber-Bullying.

Her expertise in Internet crime and young people has seen her being sought after as a consultant. She has worked with police internationally, including the Dallas Police Department in the United States.

She also provides advice and assistance to a range of key youth stakeholders including various government and non government bodies, adolescent psychologists, magistrates, counselors and nurses.

DATE / TIME
Tuesday 26 July 2016
6.00pm

VENUE
Monte Sant’ Angelo Mercy College
128 Miller Street, North Sydney

RSVP
Friday 22 July 2016
https://www.trybooking.com/LVQZ
Booking essential for entry

ENQUIRIES
Contact Rosemary Trenaman on rtrenaman@monte.nsw.edu.au

Light refreshments will be served. Please note, audio and visual recording of this event is strictly prohibited.
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SENIOR GRAND FINAL
SUNDAY 19th JUNE
ENMORE THEATRE, 118 ENMORE RD

5pm - Senior Division (yrs 11 & 12)

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How do you maintain a good relationship with a teenager? Here are two simple strategies to help parents hit the right parenting mark through this sometimes-challenging stage.

One of the biggest challenges parents of teenagers face is how to maintain a good relationship with a young person while managing also their sometimes tricky and anti-social behaviour. The balance between good guy and bad guy is precarious indeed.

There are two simple strategies, when used in tandem, can really help parents straddle this great divide. They are - following through and following up.

When used wisely and consistently they can help parents manage teenagers even during their more difficult stages while maintaining a respectful relationship.

**Following through to teach responsibility**

‘Following through’ means doing what you say you’ll do. If you say “You’re grounded” yet then let a young person off the hook when they came home from an outing later than agreed, you are merely issuing a meaningless threat. Most young people know a meaningless threat when they hear one.

‘Following through’ is about taking parent action and the most appropriate action is the use of behavioural consequences. When young people behave poorly, irresponsibly, transgress family rules or someone’s individual rights, then the experience of a negative consequence teaches them that there is a link between their behaviour and outcomes. If this sounds high-handed then relax. It’s how a civil society operates. Drive too fast and you’ll receive a fine. Harm someone and hopefully you’ll be issued with a suitable punishment that matches the offence. ‘Cross a line and something happens’ is the accepted wisdom in our community, in school and in family-life.

It’s important that the consequence issued matches the misdemeanour. When consequences are related to the misdemeanour. Taking away a teenager’s regular pocket money to remind him to come home on time defies teenage logic and will generally lead to resentment. Be mindful that a rational, logical approach is a parent’s best defence against teen emotion.

The key to the successful use of consequences rests with how you implement them. If you issue them in anger (even though that’s how you feel) then you are inviting a young person to challenge you. Implement consequences dispassionately and calmly and you’ll increase the likelihood of them being mad at themselves rather than mad at you. Nonchalance is a parent’s best friend when it comes to managing the behaviour of highly-charged teens.

**Following up to reconnect**

It’s easy to lock a young person out emotionally following a behaviour meltdown or disagreement, particularly when they’ve said or done hurtful things. Once the dust has settled after discipline or a dispute then it’s time to follow-up with a kind word, an enjoyable activity or even just a sincere smile. It generally takes the adult in the relationship – parents or teachers – to make the first move to put the relationship back on an even keel.

It’s smart to choose a time when you are both more relaxed to reconnect rather than rush to make up before either person is ready, which can make matters worse.

Following through and following up are a dynamic discipline duo when they are used together as they help parents straddle the good guy, bad guy line that seems to appear on almost a daily basis. Use one without the other and you’ll come across as either too soft or too harsh. Use them in tandem and you’re more than likely hit the right parenting mark.

**Building parent-school partnerships**

MONTE MATTERS
17 JUNE 2016 / TERM 2, WEEK 8

WORDS Michael Grose

Parenting ideas

Maintain a strong relationship with your teen

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

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"No work of charity can be more productive or good to society than the careful instruction of women."

- Catherine McAuley

The **Monte Bursary Blue Ribbon Appeal** raises funds to provide a Mercy education for deserving young women.

Your tax deductible gift means more young women will benefit from a Mercy education. By being a donor you are one of many who are making our community stronger by 'paying it forward'. Your generosity provides a growing body of gifts, where each gift adds up with the others to build a vitally important fund that keeps on giving year after year after year.

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